**What is involved in becoming Certified as an EFT Practitioner with EFT International & Jules as you mentor:**

**Step 1: Complete Level 1 and 2 EFT training (includes Bubble training).**

$1250 early bird, $1395 standard rate.

**Step 2: Sign up with Jules as a mentor:**

Arrange an appointment with Jules to discuss your plans for certification & how long you estimate taking to complete the process. We will discuss expectations and I will forward to you the contract to sign and other relevant documents.

Fee for the Certification Mentoring Program:

$2,395 AU if paid upfront.

Or payment plan – 7 x monthly payments of $370 for a total of $2590 AUD.

**This fee for the Certification Mentoring program covers:**

1. Individual Mentoring 6 x 90-minute sessions with Jules. Appointments need to be booked in advance; Jules will discuss spacing them out according to your plans for when you hope to finish the process.
2. Review of your 50 session notes by Jules, this includes your four case studies, your personal case study and 2 x video recordings of sessions done with practice client.
3. Detailed written feedback given on every session not submitted, as well as opportunities to discuss in individual and group mentoring sessions.
4. A Year of Mentoring: *A monthly 90-min mentoring group will be offered for all mentees who are working with Jules as a mentor pursuing Certification in EFT through EFT International. For one year from the first mentoring group you can attend as many mentoring groups as you are able to.* But all certification mentees must attend a minimum of 6 x 90-minute group mentoring sessions.

*Group mentoring helps you maintain ongoing connection with your group, where you can ask all your questions, find swap partners, practice clients and access other support and learning.*

*If you are not pursuing certification, you can still join the group, and pay the casual membership fee of $70 AU per group session.*

If it takes you longer than 12 months after your level 1 and 2 training to complete your certification requirements, you may be required by EFT International to take a refresher course. Many people choose to do a refresher anyway, as most people find the need for lots of repetition when learning EFT.

Jules will arrange one of these refresher courses each year.

**Requirements for Certification:**

You will need to complete a minimum of 50 x practice sessions and submit the session notes of those 50 sessions to your Trainer / Mentor.

Sessions need to involve work with 20 different individuals and must be a minimum of 45 minutes in length, covering a comprehensive range of techniques and client presentations.

Templates, guidance and mentoring on how to complete and submit will be provided as part of your mentoring package.

Submit to Trainer a minimum of 4 x case studies.

Including 3 x Client Case studies (on separate individuals, 4-5 sessions each)

And 1 x Personal case study.

Guidance, manual and templates provided by Trainer / Mentor.

Please consult the Case Study Manual provided by EFTI as well.

Please discuss with Trainer before going ahead with any case studies as mentor needs to approve your “goals”. Each session needs to be sent in for review before the next case study session is conducted.

Case studies must demonstrate competent, professional, and individualized application of foundational EFT skills acquired during Level 1 & 2 and post-training practice & experience.

Submit to Trainer 2 x videos of a practice sessions with a client, minimum 45 minutes each. You will be asked for another if the first does not demonstrate competency. These also count towards your 50 practice sessions.

Discuss guidelines with Trainer before going ahead.

**Below are additional requirements for completing the certification process which are NOT included in the above package:**

**Join EFT International as a student**

Do this ASAP and start taking advantage of all their resources, research library,documents, articles, blog posts, training opportunities.print out the Glossary of Terms. (25 GBP= around AU $50)

Go to [www.eftinternational.org](http://www.eftinternational.org)

**Take EFT International Practitioner Exam online**

(15 GBP = around AU $30)

You get 3 x chances to Pass (80% required) with the online multiple choice Practitioner Exam.

Do this as soon as you can after your training, consult with your Trainer about this.

**Get some appropriate Insurance as a student of EFT.**

**(AON is recommended for health professionals)**

Suggestions on EFT International website.

**Tapping Out of Trauma**

It is strongly recommended (but not mandatory) that you take the above online trauma training with Dr Craig Weiner and Suzanne Faegol. Trainer will forward details of this; it is offered at certain times of year (usually March and September). Cost $399.00 US. Please be aware that Jules is an affiliate for this program, as she regards it highly and recommends it to all EFT Practitioners.

**6 x sessions of “personal work” with a Certified EFT Practitioner.**

If you choose to do this with Jules, you can take the “existing client package” option which is 6 x 90-minute sessions for $1100 if paid upfront. Or payment plan available, please ask and the link will be forwarded.

There is no obligation to do personal sessions with Jules, and you are encouraged to interview and explore other practitioners to see who you feel most comfortable with.

A list of approved providers will also be available, of experienced Certified EFT practitioners who provide sessions at special rates for mentees doing certification with Jules. Any questions about this, discuss with Jules.

**What happens when I have done all these things?**

Once the Candidate (you) has completed all the above requirements and the trainer / mentor (Jules) is confident that the Candidate has met the competencies and standards for Accredited Certified Practitioner Level set by EFT International, the Trainer (Jules) will inform EFT International, and recommend you be awarded status as an Accredited Certified EFT Practitioner.

The Candidate (you) will be invited by email to upgrade their membership on the EFT International website to Accredited Certified EFT Practitioner. The Candidate will then receive their certificate. And celebrate!

**Post-certification requirements:**

**Ongoing Professional Development required to maintain your certification as an EFT International EFT Practitioner:**

To maintain EFT International Accredited Certified EFT Practitioner status, members must fulfill annual CPD (Continuing Professional Development) and mentoring requirements which is:

30 hours of EFT related study per year (videos, workshops, books, audio presentations etc).

6 hours of mentoring annually (individual or small group mentoring - less than 8 participants). This must be undertaken with an EFT International Trainer / Mentor or Approved Mentor (a Certified Advanced EFT Practitioner who has been approved by EFT International to offer annual Mentoring hours).

***Keep a log of all your activities, whether it’s reading, listening to a podcast or you tube or being part of a mentoring group as you can put it all in to be counted as your ongoing Continuing Professional Development.***